			MAY 2024 T GALLATIN HIGH SC	Mer	Adult Meal Price: \$5.00 Includes Beverage Menu Subject to Change.	
	Monday	Tuesday	Wednesday	Thursday	Friday	
			Lasagna Roll Up w/ w/g Bread Stick Cheeseburger on w/g Bun Cucumber Wheels Side Salad w/ LF Dressing Diced Peaches Milk Choice	Meatball & Mozzarella on w/g Hot Dog Bun Cheeseburger on w/g Bun Steamed Carrots Celery Sticks Peach Cup Milk Choice	School Made Pizza Cheeseburger on w/g Bun Baked Tater Tots Fresh Broccoli Apple Sauce Cup Milk Choice	
×	Grillee Cheese Sandwich Chicken Nuggets w/ Roll Tomato Soup Steamed Broccoli Baby Carrots Diced Peaches Milk Choice	Italian Dunkers w/ Dipping Sauce Chicken Nuggets w/ w/g Roll Side Salad w/ LF Italian Dressing Steamed Peas & Carrots Diced Pears Milk Choice	JTM Mac & Cheese Dinner Roll Chicken Nuggets w/ w/g Roll Steamed Mixed Veggies Applesauce Cup Milk Choice	Nachos w/ Seasoned Beef and Cheese Chicken Nuggets w/ w/g Roll Steamed Corn Mixed Berry Cup Milk Choice	School Made Pizza 10 Chicken Nuggets w/ w/g Roll Baked Tater Tots Fresh Broccoli Apple Sauce Cup Milk Choice	
	Tangerine Chicken w/ Rice 3 Chicken Patty on w/g Bun Steamed Broccoli Baby Carrots Diced Peaches Milk Choice	Cheeseburger on w/g Bun 4 Chicken Patty on w/g Bun Oven Baked Beans Cucumber Wheels Diced Pears Milk Choice	Lasagna Roll Up w w/g Bread Stick Chicken Patty on w/g Bun Side Salad w/ LF Italian Dressing Cucumber Wheels Banana Milk Choice	Turkey & Cheese on w/g Hot Dog Bun Chicken Patty on w/g Bun Steamed Carrots Baby Carrots Milk Choice	School Made Pizza Chicken Patty on w/g Bun Baked Tater Tots Fresh Broccoli Apple Sauce Cup Milk Choice	
	BBQ Rib Sandwich Cheeseburger on w/g Bun Baked Tater Tots Grape Tomatoes Diced Peaches Milk Choice	Manager's Choice 21 Cheeseburger on w/g Bun Side Salad w/ LF Italian Dressing Steamed Peas & Carrots Diced Pears Milk Choice	Lasagna Roll Up w w/g Bread Stick Cheeseburger on w/g Bun Side Salad w/ LF Italian Dressing Cucumber Wheels Banana Milk Choice	Popcorn Chicken Bowl 23 Cheeseburger on w/g Bun Steamed Corn Whipped Potatoes & Gravy Side Salad w/ LF Ranch Diced Pears Milk Choice	School Made Pizza 24 Chicken Patty on w/g Bun Baked Tater Tots Fresh Broccoli Apple Sauce Cup Milk Choice	
24	NO ²⁷ SCHOOL!	School Made Pizza 28 Chicken Patty on w/g Bun Baked Tater Tots Fresh Broccoli Apple Sauce Cup Milk Choice	Manager's Choice Chicken Patty on w/g Bun Steamed Veggie Asst. Fresh Veggies Asst Fresh & Canned Fruit Milk Choice	Cheeseburger on w/g Bun O Hot Dog on w/g Bun Watermelon Slice Italian Ice Baked Beans Milk Chocie	School Made Pizza 31 Chicken Patty on w/g Bun Baked Tater Tots Fresh Broccoli Apple Sauce Cup Milk Choice	

All students receive a complimentary lunch daily. Choices include: <u>MILK:</u> FF Flavored Milk or 1% White. <u>ASSORTED FRUIT & FRESH VEGGIE:</u> (Take to 2 fruits & 2 Vegetables) Apple, Orange, Banana, Peach, Plum, Grapes, Asst. Canned & Other Fresh Fruit Available, Baby Carrots, Broccoli, Chick Peas, Grape Tomato, Romaine Salad, Cucumber Slices, Celery Sticks, & Asst. Other Vegetables as available. <u>Grains/ Breads</u>: 80% of all grain items are "Whole Grain Rich", per USDA regulations. To qualify as a free lunch, students must take 3,4, or 5 items, (Meat/ Meat Alternate, Grain/ Bread, Vegetable, Fruit, Milk) of which 1 must be a fruit or vegetable. Students taking required meal components receive lunch at no cost, otherwise per regulations, ala carte prices are in effect.